

Name of Tool:	Self-Assessment Index (SAX)
Author/Publisher (Year)	Behavior Data Systems

Description:	<p>This test screens substance (alcohol and drugs) abuse, work attitudes, motivation and stress coping - important attitudes and behaviors for understanding welfare-to-work participants. It has 103 items that five scales (measures) which include:</p> <ul style="list-style-type: none"> • Truthfulness Scale • Alcohol Scale • Drug Scale • Work Index Scale • Stress Management Scale <p>Test results can be used to coordinate intervention, treatment and vocational rehabilitation services. This also identifies barriers to employability so they can be positively worked through.</p> <p>Scores are used to classify risk into four categories:</p> <ul style="list-style-type: none"> • Low Risk • Medium Risk • Problem Risk and • Severe Problem <p>These classifications, along with clinical judgment, are used to inform treatment recommendations.</p> <p>Truthfulness Scale detects offender denial, problem minimization, and response bias.</p> <p>Demonstrated reliability and validity.</p>
Tool Development	Summary of scientific findings are available for download.
General Notes:	<p>SAX is a computerized assessment that provides clinicians with a printed report that includes percentile scores, risk classification, and item responses.</p> <p>The SAX takes 25 minutes to complete.</p> <p>Tests can be administered individually or in group settings</p>